Wounded Warriors at Nebo

P.O. Box 574, Fredericksburg TX 78624

CONTENTS

Caregivers	1
Alternative Market	1
Golf	2
Turkeys	2
K of C	3
Perfect Weather	3
Festival of Lights	4
Cards	5
Donate	5
Events	5

On Line

wwnebo.org Or
facebook.com/ww.nebo
Or fredumc.org

Executive Board

Sharon Massey
Jackie Heupel
Dottie Pieper
Richard Gray
Debbi McCurdy
Ed Fredericks
Annie Mathews

For More Information or to Volunteer
CONTACT

Sharon Massey:
sharonmassey@outlook.com
(830) 456-3697

Dottie Pieper
glass4art@yahoo.com
(830) 992-1329

Caregivers Retreat

It finally came together! Wounded Warriors at Nebo has been working to have a care provider weekend for almost a year. This is a new program we are testing to see if it is something that is needed and helpful to care givers. This weekend was the 'Proto Type". It could be called Pampering and Relaxing.

There was a 'meet and greet' Friday evening followed by dinner. Then Saturday there were several sessions with the counselor where the ladies shared experiences, got acquainted, and received tools to potentially help improve their roll as caregiver to their husband. Later they were treated to a manicure or pedicure then explored Main Street.

We all met at Hondo's for dinner before they went to the concert at the BackDoor. Of course it rained but that didn't seem to dampen their excitement and enjoyment of the venue. Sunday everyone attended services at Fredericksburg United Methodist Church.

We had a lot of help making this happen. Use of a guest house was donated for the event, a local Christian counselor donated her time, Friday's evening meal was prepared and served by Susan Quindry, Hondo's gave us a break on Saturday's meal and tickets to the Billy Ray Cyrus concert were donated. And of course GOD was directing everything.

Feedback from the pilot group was very positive. They are reaching out to others in their area basically forming support groups.

In addition, we have been conducting an informal needs assessment by talking with spouses attending other events. Without exception they said it was much needed. A couple of the warriors jumped into the conversation encouraging us to move forward citing some of the challenges their spouses deal with. Furthermore, one of our volunteers who is an active member of the VFW provided us with a list of local care givers many caring for Vietnam veterans. They will be included in future retreats.

Alternative Market

First Presbyterian Church, Kerrville, invited us to participate in their Alternative Market again. We accepted and setup a table with information about Wounded Warriors at Nebo ministry.

The market provides exposure, raising the ministry's visibility and allows us to "tell our story". We received speaking invitations in addition to donations

Anne Mathews and Elizabeth Fargason ready to explain what we do and why.

Pictures from all events can be viewed at wwnebo.org and www.facebook.com/ww.nebo

Golf for Veterans

Boot Ranch, working with Wounded Warriors at Nebo, sponsored 11 veterans for an afternoon of golf complete with golf cart and caddy. The only cost to the players was their transportation to get there. Prior to hitting the greens, everyone met at the club house for lunch (provided by Wounded Warriors at Nebo) and lots of great conversation.

It was really great to see 'old friends' and make new ones. Everyone kept expressing their gratitude for the opportunity to get together and for being reminded that their sacrifice hasn't been forgotten. They explained how these types of events help them in their continuing recovery. After lunch the wives headed to Fredericksburg to shop. THANK YOU Boot Ranch for your incredible generosity and support especially Alex, the golf pro who organized the event and made it a point to visit with the warriors.

HOW YOU CAN HELP

Donate Your B&B /Guest House for a Weekend

Provide Financial Support

Take Photos at an Event

Assist with Meal Preparation

Sponsor an Event

Pray for the Ministry & Warriors They Serve

Turkey Anyone

Toyota gave out hundreds of turkeys during their Turkeys for Troops day in November. The ministry was fortunate to receive 45. Since so many businesses were providing turkeys at Thanksgiving we decided to hold ours until Christmas. Dutchman's Market in Fredericksburg agreed to smoke them then wrap, freeze and store them for us. We told our Army, Navy and Marine contacts at Fort Sam Houston we had the turkeys and would deliver them in December. In the meantime they could determine who of their wounded warriors would like one.

Each family attending the Christmas Family R&R received a turkey. The rest were delivered to our Army, Navy and Marine contacts at Fort

Sharon Massey and Elizabeth Fargason with Marines

SPC Breana M. Cincotta, US Army, distributing to Solders

Optimism is the faith that leads to achievement.
Nothing can be done without hope and confidence.
Helen Keller

DANKE SCHOEN MUCHAS GRACIAS

Last November two wounded warrior families came to Fredericksburg to join with Wounded Warriors at Nebo in the receipt of a donation from the Knights of Columbus, St. Mary's Church. The Knights have been one of our generous supporters for the past eight years. In addition to the financial support they have also provided meals for family R&Rs and Retreats. Since the ministry is dependent on donations for its survival, it's supporters like the Knights of Columbus that allow us to continue ministering to the wounded, injured, ill and caregivers.

THANK YOU—THANK YOU—THANK YOU

Perfect Weather

November's R & R started out Friday evening at Holy Ghost Lutheran Church with home made fajitas and all the trimmings. Friday's evening meal is important because it's where families meet each other and have a chance to get acquainted while breaking bread together. It is also the time when guests are provided details regarding meals, entertainment, etc. Although it was November the weather made you think it was early fall. It was perfect for exploring Main Street, eating outside, relaxing in Market Platz—you get the picture.

Volunteer Cooks & Hosts at Holy Ghost Lutheran Church

Lunching at Hondo's on Main

Several guests enjoyed the National Museum of the Pacific War and/or a movie during the weekend. Saturday evening dinner at Memorial Presbyterian Church was the final "group meal" and it was obvious from the nonstop conversations that everyone was relaxed and enjoying both new and old friendships.

Dinner at Memorial Presbyterian Church

Presbyterian Volunteer Hostesses & Cooks

More photos on wwnebo.org or Like us on Facebook

Festival of Lights

Fredericksburg is magical at Christmas and it begins with the lighted parade on the first weekend in December. That is why we schedule a Family R&R that weekend. We want it to be special for the children but Fredericksburg makes it easy because of all the activities they have going on that weekend.

This year the families (14) arrived Friday afternoon and met at Zion Lutheran Church for a quick dinner before going out to watch the parade. Zion is an ideal place from which to watch as there is room to set up chairs for the wounded warriors and families. After the parade some went to Market Platz to enjoy the lights or to Ice Skate. Others just walked Main Street taking in all the decorations.

Market Platz

Everyone was on their own until lunch at Mr. Gattis' where they compared notes on what they had seen or done and what was next on their agenda. Then they went back out, some to the Pioneer Museum or Art Galleries,others to a movie before gathering at St. Joseph's Hall for dinner and games.

The Catholic Daughters prepared and hosted dinner and the games. Children, ages 17 to 2 months, participated in a drawing for toys which they got to select from a large array. So many choices. No one went away empty handed.

This year's event was a blend of active duty and medically retired warriors. When military get together it seems there is non stop conversation whether they knew each other before or not and this group was no different.

A special thank you to Tom Canfield who creates beautiful things from wood. He presented each warrior with a wooden puzzle he designed and made, explaining that there are several solutions to the puzzle just as there are different solutions to life.

We are grateful to both Zion Lutheran Church and St. Joseph's Halle for donating the use of their beautiful facility. None of this would have happened without all the volunteers working 'behind the scene'.

Card Making

They (whoever 'they' are) say a picture is worth a thousand words so I'm just sharing pictures of some cards we made in card class at WFSC during 4Q19.

Donations

This interdenominational ministry, based in Fredericksburg, Texas is a 501(c)(3) non profit and is financially supported by donations from those who wish to express their gratitude to our wounded warriors and by church and civic organizations from the local community. Funds donated are used to provide for class materials, housing, meals, entertainment and transportation.

Individuals wishing to support this ministry may send their **tax deductible** donation to:

Wounded Warriors at Nebo
P.O. Box 574, Fredericksburg, Texas 78624
Checks should be made out to:
Wounded Warriors at Nebo or WWAN
(We still receive your gifts sent through FUMC)

Online donations can be made at: wwnebo.org or fredumc.org

On the fredumc.org Home Page menu bar, Click Ministries, choose "Wounded Warriors at Nebo", Page down, click on "Donate" and follow instructions.

Event Schedule	
Nov. 8 –10	R & R
Nov 14	Escape Room
Dec. 6-8	Christmas R & R
Jan 10-12	Family R & R—Cadre
Feb. 7—9	Caregiver Retreat
Mar. 20—22	Vow Renewal
Apr 26	Day Event TBA
May 8—10	R & R
May 15-Aug.	Vacation

*Sign up through WTB Chaplain's office.
***Dates are subject to change without notice so keep checking with WTB Chaplains office and online.**
*** Day events will be added as requested.**

Event sign up is generally through the Chaplain's office however a signup sheet will also be available at WFSC and Marine Annex. *Bear in mind there is limited space for all events so signing up doesn't guarantee you a spot.*

Who is eligible to attend events?

- All wounded, injured and ill military personnel in the Warrior Transition Battalion (WTB) at Ft. Sam Houston along with their family and/or caregiver.
- Veterans who were medically retired from the WTB and are still in the area are welcome.
- Family events include children up to age 18, single and living at home.

Mission Statement

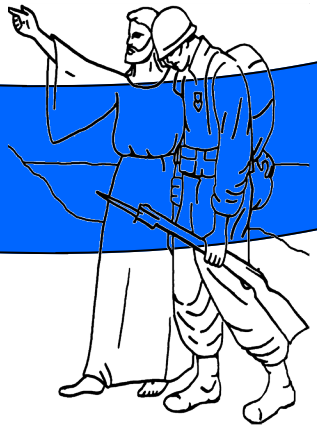
Demonstrate the love of Christ to all wounded, injured or ill warriors and their families and caregivers.

- *Offering respite;*
- *Assisting with reintegration into civilian settings;*
- *Showing our deep gratitude for their sacrifices;*
- *Sharing GOD's Love.*

Wounded Warriors at Nebo
P.O. Box 574
Fredericksburg, TX 78624

Wounded Warriors at Nebo

P.O. Box 574, Fredericksburg TX 78624



Wounded Warriors at Nebo is an independent, all volunteer, interdenominational, faith-based ministry located in Fredericksburg, Texas. At times we interface with others to meet specific needs. We are a 501(c)(3) organization totally supported by donations 100% of which go back into the ministry. GOD'S people doing GOD'S work!! It doesn't get any better than that.