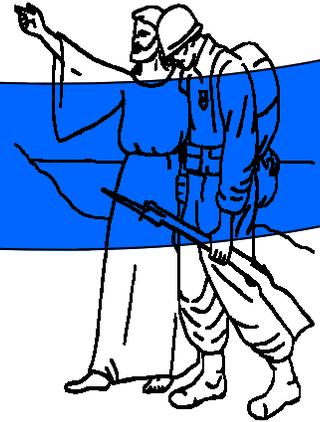


Wounded Warriors at Nebo

P.O. Box 574, Fredericksburg TX 78624



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On Line

facebook.com/wwnebo
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Executive Board

Sharon Massey
Jackie Heupel
Susan Quindry
Dottie Pieper
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Ed Fredericks
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Meet the Team

Sharon Massey, one of the founders of the ministry, began working with wounded warriors in December, 2011 as the Event Coordinator.



Sharon Massey was born in Fredericksburg, Texas, but was raised in the nearby cities of San Antonio and Kerrville.

She is married to Wayne Massey, Lt. Colonel USMC (Ret) who served in World War II, Korean and Vietnam. Their family consists of two daughters, one son, seven grandchildren, and one great grandchild.

Sharon spent 28 years in the field of education as a secondary teacher and director of FISD Community Education. She loved teaching and serving as a sponsor for the FHS Student Council and Interact Club.

She feels deeply blessed that she has been a big part of forming the

Gillespie County First Responders program, the Academic Boosters, the Fredericksburg Morning Rotary Club, Fredericksburg United Methodist Cards for Christ Ministry and the Wounded Warriors at Nebo Ministry

As event coordinator for all weekend events hosted by WWAN, Sharon works directly with the Warrior Transition Battalion Command, Chaplain, Legal, etc. to insure all military requirements are met in addition to the civilian entities involved in providing a relaxing weekend experience. Sharon also designs greeting cards which she uses in card making classes at the Warrior Family Support Center at Fort Sam Houston, San Antonio.

Sharon stated that she is especially blessed by working with the wounded, injured, and ill service men and women. Their courage, tenacity, and hope inspire her. She prays that God will use her as long as she has breath.

Mission Statement

Demonstrate the love of Christ to all wounded, injured or ill warriors and their families and caregivers.

- *Offering respite;*
- *Assisting with reintegration into civilian settings;*
- *Showing our deep gratitude for their sacrifices;*
- *Sharing GOD's Love.*

Pictures from all events can be viewed at www.facebook.com/wwnebo

Single Soldiers Workshop

By Roy Gentry

February 23rd, fifteen (15) soldiers from the WTB attended a luncheon at Main Event entertainment center in San Antonio. Chaplain Thompson spoke to these young single people about communication and relationships with the people in their lives. After a well received presentation and discussion the soldiers enjoyed a buffet lunch and then spent the afternoon relaxing by playing Lazer Tag, bowling, billiards and trying their luck gaming in the huge arcade. It was a great day indeed.

Resiliency & Morale Booster

By Roy Gentry

On January 19th, fifty (50) soldiers from the WTB (Warrior Transition Battalion) attended a Resiliency luncheon at Incredible Pizza Company in San Antonio. A pizza buffet was well received by the participants and WWAN also treated the attendees to some games and fun activities in the huge entertainment center and arcade. However, the highlight of the event was a presentation by Mr. Scott Rigsby.

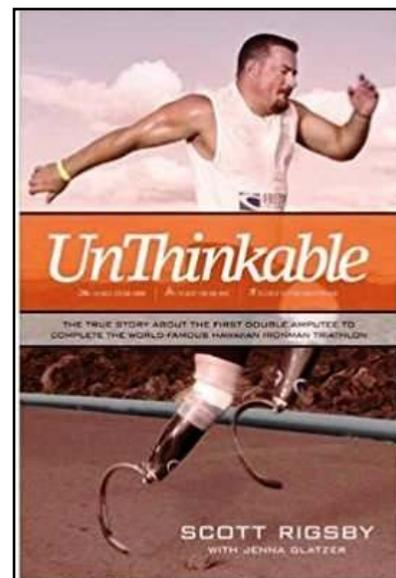


Mr. Rigsby provided an incredible and inspirational testimony about his life. In 2007 he was the first double amputee with prosthetics to successfully complete the Ironman Triathlon in Hawaii. His story is one of highs and lows he experienced. He speaks of overcoming challenges and completing the unthinkable only through God's grace and help.



PFC. Cincotta, Scott Rigsby, Chaplain Thompson

Check out his book "Unthinkable: The Scott Rigsby Story"!



Vow Renewal February 9

By Jackie Heupel

Wounded Warriors at Nebo participated in a truly moving and exciting event with the Warrior Transition Battalion (WTB) attached to the hospital at Ft. Sam Houston in San Antonio. The chaplain assigned to the WTB, Captain David Thompson, arranged for 18 couples to participate in a Vow Renewal Service which is a way of reinforcing and strengthening a couple's commitment to their marriage vows and each other. While Chaplain Thompson and his staff, PFC Breana Cincotta and SGT Dewanna Thornton, gathered the participants and officiates, members of WWAN arranged for the use of the Garden Chapel at Alamo Heights United Methodist Church, contracted with Blumenhandlers for bouquets and boutonnieres for each couple and provided a special celebratory meal after the ceremony at Paesano's restaurant for all participants and officiates!



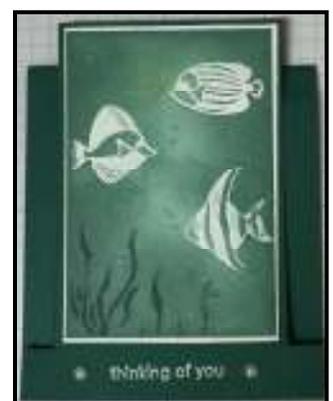
A photographer was available before the service for traditional wedding poses, and also photographed each couple as they entered the chapel for the service and throughout the ceremony. All of the couples had dressed up for the occasion; everything from a wedding dress to flowing formals to that 'little black dress' and the men in their suits and ties including the soldier who had had surgery on both knees on Thursday of the week before and came on his crutches in colorful plaid shorts and bandages.

Chaplain Thompson welcomed everyone followed by a homily delivered by Pastor George Lumpkin of Fredericksburg UMC. The vows were given by Chaplain (retired) Norman Jones. The length of the marriages being recommitted ranged from 3 months to 38 years. Testimonials by the marriage partners during dinner were even more beautiful than the ceremony itself. (Continued on Page 5)

Card Making at WSFC

We had a full table of card makers on March 20 some experienced, some first timers. We made two cards both requiring heat embossing and stamping. The Dragonfly card also had several cut out elements which required use of dies and the big shot while the Fish card used precision cutting and unusual folds.

It's always fun to see creative juices flowing as students personalize their card.



Refresh Retreat March 23-25

By Dottie Pieper

The weekend was perfect for being outdoors. Overcast but warm enough for shorts and tee shirts. Sixteen families including the WTB Chaplain and his assistants met at the Joint Base San Antonio Canyon Lake Recreation Park aka Randolph Recreation Area to relax from job stress and experience some quality family time. This event was designed specifically for Cadre, those who work directly with wounded, injured and ill at Fort Sam Houston. Their jobs are stressful enough with everyday duties, i.e., insuring patients go to their appointments, have the correct medications, assist them in troubling situations, etc., however, the recent lose of several patients added additional stress resulting in low morale. The Chaplain's plan was to hold a couple of group counseling sessions with the adults while the children were on the beach playing games and just being kids. After completing the sessions families were free to enjoy the facilities at the lake.

The event officially began Friday evening with delicious home cooked brisket and sausage and all the trimmings provided and served by the Canyon Lake Rotary Club. The Rotarians also spent time visiting with some of the soldiers and their spouses. On the way back to our cabin, it was heart warming to see several families gathered together at various lofts enjoying the evening.

Saturday, after breakfast in their loft, families gathered at the pavilion and while the children were being cared for by the chaplain's assistants, adults received orientation, i.e., what to expect during the weekend, goodie bags loaded with snacks for their loft, etc. Lunch was sliders and salad from the Black Dog Sandwich Shop who also donated 3 cases of water. They make everything from scratch even the bread, so needless to say everyone wanted to know where the shop was and were taking extras to their loft for later.

During their free time Saturday afternoon some rented pontoon boats while others played on the beach and in the water (cold water) with their children. Children's ages ranged from 15 years to 3 months. While waiting for Mamacita's to set up dinner, we heard over and over again how grateful the soldiers and spouses were to have the weekend and how relaxing it was. One soldier told us that "We didn't realize how much we needed this." Several stated they were coming to the lake again.

Sunday was free time until they had to check out.

Approximately 51 individuals participated in the Refresh Retreat. Of those 19 were children who enjoyed playing games while the parents received instructions and encouragement. Generosity of the Canyon City Rotary Club and WWAN supporters in and around Fredericksburg made this event possible. THANK YOU!!



All pictures from the Retreat can be seen on Facebook.

Donations

This interdenominational ministry, based in Fredericksburg, Texas is a 501(c)(3) non profit and is financially supported by donations from those who wish to express their gratitude to our wounded warriors and by church and civic organizations from the local community. Funds donated are used to provide for class materials, housing, meals, entertainment and transportation.

Individuals wishing to support this ministry may send their **tax deductible** donation to:

Wounded Warriors at Nebo
P.O. Box 574, Fredericksburg, Texas
78624

Checks should be made out to:
Wounded Warriors at Nebo or WWAN
(We still receive your gifts sent through FUMC)

Online donations can be made at:
Facebook/ww.nebo or fredumc.org

On the fredumc.org Home Page menu bar,
Click Ministries, choose "Wounded Warriors

(Vow Renewal Continued from Page 3)



Events Calendar

- | | |
|--------------------|-----------------------------------|
| April 13 | Spiritual Fitness* |
| April 20-22 | R&R* |
| May 18+20 | Fearless Marriage Retreat* |
| May 25 | WTB Morale/Resiliency Day* |

NOTE: Day Events Will Be Added as Requested

To Sign Up for Events:

- * Contact WTB Chaplain
- ** Sign Up at WFSC

For More Information:

Sharon Massey: Phone: 830 456-3697 or
sharonmassey@outlook.com
Dottie Pieper: Phone: 830 992-1329 or

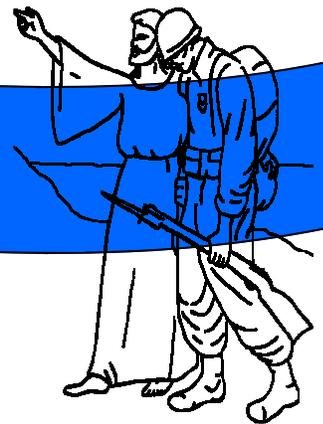


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Wounded Warriors at Nebo is an all volunteer, interdenominational, faith-based ministry located in Fredericksburg, Texas. We are not associated with the Wounded Warrior Project or other wounded warrior organizations. However, at times we interface with others to meet specific needs. We are a 501(c)(3) organization totally supported by donations 100% of which go back into the ministry. GOD'S people doing GOD'S work!! It doesn't get any better than that.